



**Ascension
Saint Thomas**

To: Ascension Saint Thomas Associates and Physicians

From: Fahad Tahir, FACHE, President and CEO, Ascension Saint Thomas
Troy Munn, Vice President, Ascension Saint Thomas Foundation

Date: March 1, 2024

Subject: Congratulations to this Year's Seton Society Honorees

Since 1991, the Ascension Saint Thomas Foundation has hosted the Seton Celebration Gala to honor physicians, nurses, donors, volunteers, board members and community leaders who have demonstrated excellence in their professions and in their service to Ascension Saint Thomas and the Nashville community. This year, the Seton Gala Celebration will be held **Saturday, April 20, 2024 at Conrad Nashville.**

The Foundation is honored to announce the distinguished recipients of the 2024 Seton Celebration Gala awards: **Bill Carpenter, Dr. Sean Ryan, and Amy Adams Strunk.** Each of these exceptional individuals exemplifies the values and traditions established by St. Elizabeth Ann Seton, the founder of the Daughters of Charity of Vincent de Paul, the same order that laid the foundation for Ascension Saint Thomas 126 years ago.



Bill Carpenter is a seasoned business executive known for his contributions to advancing the healthcare industry, corporate governance, and community leadership. Notably, he served as chairman and CEO of Lifepoint Health until his retirement in November 2018, playing a pivotal role in its growth and national recognition for quality and patient safety. Currently, Carpenter chairs the Board of FirstBank Financial Corporation and remains active in community leadership roles, including chairman of the Board of Trustees of Montgomery Bell Academy and member of the Advisory Board for Voices for a Safer Tennessee. With a background in law and degrees from Vanderbilt University, Carpenter has held leadership positions in numerous nonprofits and industry organizations over his four-decade career. He and his wife, Trudy, have three grown children and four grandchildren.



Sean Ryan, MD is a highly regarded internist based in Nashville, with a longstanding affiliation with Ascension Saint Thomas Hospitals. He has held significant roles within the organization, including past President of the Saint Thomas West Medical Staff and serving on the system's Board of Directors. Dr. Ryan earned his medical degree from Emory University School of Medicine and completed his residency at Vanderbilt University Medical Center, where he was selected as Chief Resident. With more than 30 years of experience, Dr. Ryan currently leads as President of Heritage Medical Associates. Beyond his medical practice, he is an avid runner, and he and his wife Elizabeth have two adult children.



Amy Adams Strunk, the Controlling Owner of the Tennessee Titans since March 2015 and co-chairman of the franchise's Board of Directors, has led the team to significant success with six consecutive winning seasons, multiple playoff berths, and notable achievements such as reaching the AFC Championship game in 2019 and securing back-to-back division titles. Her dedication to modernizing the organization has resulted in a staff increase of over 150% since 2015, alongside investments in upgrading Nissan Stadium and Ascension Saint Thomas Sports Park. Furthermore, her leadership played a pivotal role in securing approval for a new enclosed stadium on the east bank of the Cumberland River, set to open in 2027.

Adams Strunk's community impact efforts extend to supporting disaster relief, aiding local businesses during COVID-19, and contributing to various causes benefiting Nashville and greater Tennessee communities. Beyond football, she holds a degree from the University of Texas and enjoys activities such as horseback riding, farming, ranching, tennis, and outdoor pursuits, sharing these passions with her husband Bill and their three children.

"The Seton Celebration Gala is a testament to the remarkable dedication and service of our honorees, whose tireless commitment mirrors the legacy of St. Elizabeth Ann Seton," said Troy Munn, Vice President of Ascension Saint Thomas Foundation. "Their generous efforts have not only enriched Ascension Saint Thomas's mission but have also touched countless lives in the Nashville community. We extend our heartfelt congratulations to Bill, Dr. Ryan, and Amy for their

outstanding contributions and dedication, inspiring us all with their leadership and commitment to service. It's an honor to recognize their achievements at this year's Gala."

Proceeds of the Seton Celebration will benefit the work of the Ascension Saint Thomas Foundation in its commitment to support community health outreach

If you're interested in the Seton Celebration Gala that honors these individuals, please [click here](#), for more information.